



PHYSICAL EDUCATION AND SPORTS IN THE FRAMEWORK OF THE DEVELOPMENT STRATEGY OF UZBEKISTAN: REFORMS, RESULTS AND PROSPECTS

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ANNOTATION: *This article will analyze the reforms carried out in the field of physical education and sports in the framework of the development strategy for 2022-2026 in the Republic of Uzbekistan, their role in youth education, the role of sports in socio-economic development and the tasks in the future.*

Keywords: *physical education, sports, development strategy, wellness, reform, youth, social stability.*

INTRODUCTION

In recent years, Uzbekistan has been undergoing reforms that have made a fundamental turn in the field of physical education and sports. In the development strategy for 2022-2026, based on the idea of a new Uzbekistan, promoted by President Shavkat Mirziyoyev, this area is noted as a special priority. Physical education is considered not only an important factor in health, but also as a means of developing human capital, ensuring social stability.

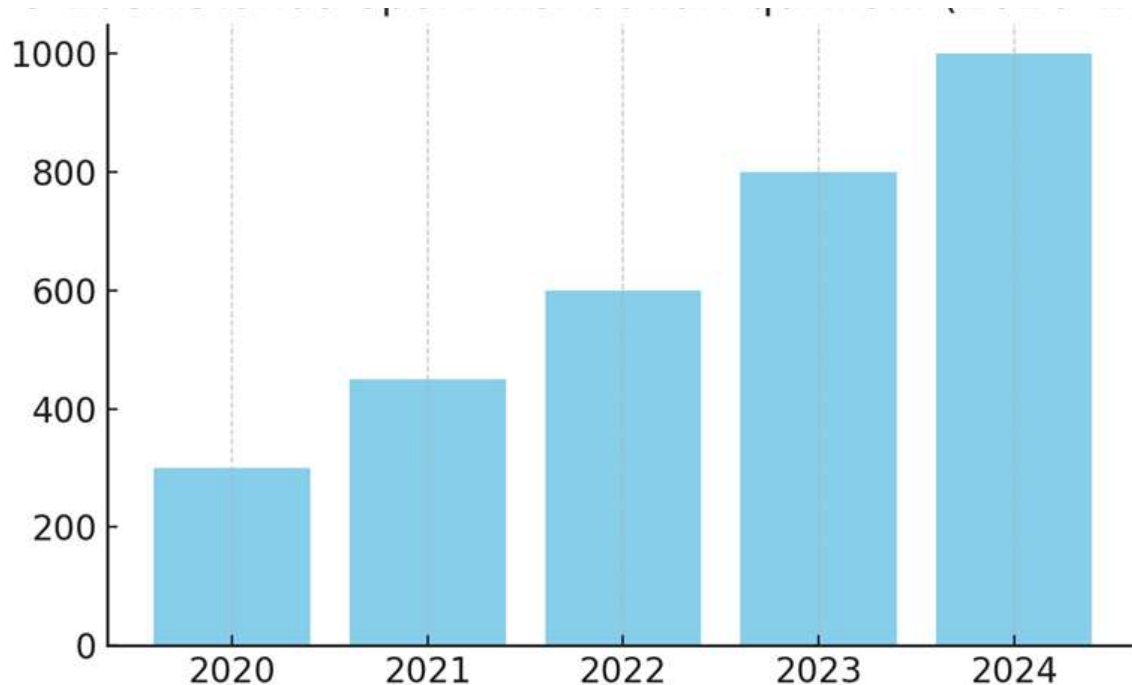
1. STRATEGIC REFORMS AND THEIR EFFECTIVENESS

On the basis of the development strategy, the field of sports is systematically developed and large funds are allocated by the government from the annual budget.



Youth politics has a special focus on sports, and sports clubs are being expanded in the school and college system.

The following diagram reflects the number of sports facilities built during 2020-2024:



As can be seen from the diagram, every year the number of sports facilities is increasing. This is instrumental in strengthening the infrastructure of the sport.

2. SPORTS INFRASTRUCTURE: TERRITORIAL APPROACH

In 2022-2024, at least one modern sports complex was set to be built in each area. Also, more than 5,000 new facilities were built through the program" in each neighborhood – sports field".

3. THE ROLE OF PHYSICAL EDUCATION IN THE EDUCATIONAL SYSTEM

Innovative methods of teaching physical education are being introduced in educational institutions. At each school, fully equipped sports halls with sports equipment are being established and left open for times outside classes.

4. SPORTS FOR WOMEN AND INDIVIDUALS WITH DISABILITIES



Separate strategies have been developed for the widespread involvement of women and disadvantaged citizens in sports. In 2023, the number of women's sports competitions increased by 2 times. Special attention is paid to the development of Paralympic movements, and the training system of coaches is being improved.

5. SOCIAL AND CULTURAL ROLE OF SPORT

Sport is an important tool in social integration, youth education and community building. National Sports-Wrestling, Capricorn-multi — sport, archery-are being promoted in a new format.

CONCLUSION

In conclusion, as a result of the comprehensive reforms carried out in the field of physical education and sports, healthy generation education, increased prestige of Uzbekistan in international sports, new jobs and social stability are achieved. The effect of strategic measures in this direction is expected to increase further in the future.

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