



## THE ROLE OF LANGUAGE AND LITERATURE IN THE FORMATION OF PERSONAL SPIRITUALITY

*Inomjonova Durdona Ulugbek kizi*

*2<sup>nd</sup> year student Foreign language and literature faculty Fergana state university*

*[durdonainomjonova0@gmail.com](mailto:durdonainomjonova0@gmail.com)*

*Supervisor: Kurbonov Nasibullo*

*Applied English department Fergana state university*

*[n.xx.qurbonov@pf.fdu.uz](mailto:n.xx.qurbonov@pf.fdu.uz)*

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**ANNOTATION:** *This article explores the role of language and literature in shaping an individual's personality, social consciousness, and moral values. Special attention is given to the influence of Uzbek literature and language on the upbringing of the younger generation, as well as to the significance of literature as a spiritual and educational force.*

**Key words:** *spirituality, language, literature, personal development, aesthetic thinking, moral values.*

### INTRODUCTION

In the formation of a well-rounded personality, spiritual factors play a crucial role. Spirituality encompasses a person's inner world, ethical perspectives, life position, and system of values. In the context of globalization, reinforcing spiritual foundations is becoming increasingly important, especially among youth. Language serves as a means of communication and thought, while literature nourishes the soul and moral consciousness. This article investigates how language and literature contribute to shaping personal spirituality, especially within the framework of Uzbek culture and education.



## METHODS

The study employed comparative, analytical, and historical methods. Key references included presidential decrees on spiritual development in Uzbekistan, works by prominent Uzbek authors, academic research on language and literature education, and international pedagogical practices. A survey conducted among youth aged 16 to 22 was also analyzed to assess their attitudes toward literature and the Uzbek language.

## RESULTS

The analysis revealed several key findings:

Literature significantly influences the moral and spiritual growth of young people. Works by Alisher Navoi, Abdulla Qodiriy, Cholpon, and other authors instill concepts such as justice, patience, and patriotism.

A person who masters their native language is more articulate and thoughtful. Language fosters intellectual development and strengthens national identity. Artistic literature helps cultivate ethical values, emotional intelligence, and aesthetic taste.

According to the survey, 78% of respondents who enjoy literature reported increased reflection on moral values, and 65% indicated that Uzbek language lessons helped them improve their vocabulary and expressiveness.

## DISCUSSION

Language and literature influence personal development in two main dimensions:

Shaping worldviews and critical thinking. Literature deepens philosophical reflection and emotional understanding. For instance, reading the novel "Mehrobdan chayon" not only introduces historical realities but also fosters a sense of justice and faith.



Reinforcing national identity and patriotism. The native language is a symbol of national pride. Respect for language and literature helps individuals connect with their cultural heritage and form a stronger self-awareness.

Additionally, literature plays an aesthetic role, enriching the soul through poetic imagery, dramatic tension, and narrative emotion.

## CONCLUSION

In conclusion, language and literature are essential tools in developing a spiritually mature individual. They enable self-awareness, social integration, and adherence to ethical norms. Strengthening the role of language and literature in the education system—through modern teaching methods and increased access to literary works—can significantly contribute to raising a spiritually enlightened generation.

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