

**DEVELOPING LISTENING AND READING SKILLS FOR IELTS
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Annotation. *This article provides practical strategies for developing listening and reading skills essential for achieving success in the IELTS exam. For listening, it emphasizes practicing with authentic IELTS materials, improving active listening through podcasts and news, focusing on accents and vocabulary, and enhancing accuracy in spelling and note-taking. For reading, the article suggests regular reading of diverse materials, mastering skimming and scanning techniques, familiarizing with IELTS question types, expanding academic vocabulary, and analyzing errors to improve comprehension. Additionally, it offers general tips, including setting a daily routine, practicing under timed conditions, utilizing reliable resources, and seeking feedback. The strategies aim to enhance both skills and build confidence for the IELTS exam.*

Key Words. *IELTS preparation, Listening skills, Reading skills, Practice materials, Active listening, Accents and vocabulary, Skimming and scanning, Question types, Academic vocabulary, Error analysis, Timed practice, Confidence building, Practical strategies*

Аннотация. *В этой статье представлены практические стратегии развития навыков аудирования и чтения, необходимых для достижения успеха на экзамене IELTS. Что касается аудирования, упор делается на практику с аутентичными материалами IELTS, улучшение активного слушания с помощью подкастов и новостей, сосредоточение внимания на акцентах и*



словарном запасе, а также повышение точности правописания и ведения заметок. Для чтения статья предлагает регулярное чтение разнообразных материалов, освоение техник быстрого просмотра и сканирования, ознакомление с типами вопросов IELTS, расширение академического словарного запаса, анализ ошибок для улучшения понимания. Кроме того, он предлагает общие советы, в том числе установление распорядка дня, занятия в определенных условиях, использование надежных ресурсов и получение обратной связи. Стратегии направлены на улучшение навыков и укрепление уверенности перед сдачей экзамена IELTS.

Ключевые слова: подготовка к IELTS, навыки аудирования, навыки чтения, практические материалы, активное слушание, акценты и словарный запас, просмотр и сканирование, типы вопросов, академический словарный запас, анализ ошибок, практика на время, укрепление уверенности, практические стратегии.

Annotatsiya. Ushbu maqola IELTS imtihonida muvaffaqiyatga erishish uchun zarur bo'lgan tinglash va o'qish ko'nikmalarini rivojlantirish uchun amaliy strategiyalarni taqdim etadi. Tinglash uchun u haqiqiy IELTS materiallari bilan mashq qilishga, podkastlar va yangiliklar orqali faol tinglashni yaxshilashga, urg'u va lug'atga e'tibor qaratishga, imlo va eslatma olishda aniqlikni oshirishga urg'u beradi. O'qish uchun maqolada turli materiallarni muntazam o'qish, skanerlash va skanerlash usullarini o'zlashtirish, IELTS savollari turlari bilan tanishish, akademik lug'atni kengaytirish va tushunishni yaxshilash uchun xatolarni tahlil qilish taklif etiladi. Bundan tashqari, u kundalik tartibni o'rnatish, belgilangan sharoitlarda mashq qilish, ishonchli resurslardan foydalanish va fikr-mulohazalarni izlash kabi umumiy maslahatlarni taqdim etadi. Strategiyalar ikkala malakani oshirishga va IELTS imtihoniga ishonchni oshirishga qaratilgan.

Kalit so'zlar. IELTS imtihoniga tayyorgarlik, Tinglash qobiliyatlari, O'qish qobiliyatlari, Amaliy materiallar, Faol tinglash, Urg'u va lug'at, Skimming va skanerlash, Savollar turlari, Akademik lug'at, Xatolarni tahlil qilish, Vaqt bo'yicha amaliyot, Ishonchni mustahkamlash, Amaliy strategiyalar

**Introduction.**

Listening and reading are critical components of the IELTS exam, requiring candidates to comprehend spoken and written English effectively. These skills not only determine success in the test but also play a vital role in real-world communication. Developing them involves consistent practice, strategic planning, and the use of appropriate resources. This article explores effective methods to enhance listening and reading abilities, ensuring a higher score and improved proficiency in English.

Purpose of Studying Listening and Reading

The purpose of studying listening and reading skills is to enhance one's ability to comprehend and process information in English. Listening focuses on understanding spoken language in various accents and contexts, which is essential for effective communication in real-life situations, academic environments, and professional settings.[1]

Reading, on the other hand, develops the ability to analyze written texts, extract key information, and understand complex ideas. Both skills are critical for performing well in exams like IELTS, as they assess proficiency in interpreting and responding to English in different formats. Beyond test preparation, mastering these skills fosters better language fluency and global communication.

There are two kinds of listening and reading practice- passive and active. One of them is the most common, but least effective, but the other will increase your skills dramatically in a much shorter period of time. Passive listening is when you simply listen to a song, people talking, the news etc. and don't do anything else. In other words, you do not actually think about what you are listening to. Passive reading means you simply read something, but you do not take any steps to think about or learn from what you are reading. Active Listening and Reading When you actively listen to something, you listen to less information, but you think about it in a much deeper way. This deeper way of thinking about what you are listening to means you learn in a much more efficient and effective way.[2] For example, instead of listening to 30 minutes of the news, you might just listen to 3 minutes of the news but think



about any new words or phrases you hear, guess what these mean and then note them down in a vocabulary notebook. Active reading could mean that instead of reading a full chapter for 30 minutes, you simply read one paragraph, but think about the grammar and the function of each sentence.[5] You would then try to use the same grammar and functions in your own writing. Active listening and reading require you to think and do much more than simply sit back and hope that English will magically be downloaded to your brain, but it will cut your preparation time and also lead to huge improvements

Conclusion

Improving listening and reading skills is essential for success in the IELTS exam and for effective communication in English. By practicing consistently, using authentic materials, and applying targeted strategies such as skimming, scanning, active listening, and vocabulary building, candidates can significantly enhance their performance. These skills not only help achieve higher scores but also contribute to long-term proficiency in understanding spoken and written English in diverse contexts. With dedication and the right approach, mastering these skills is achievable for anyone preparing for the IELTS exam.

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