

**EFFECTIVE METHODS FOR TEACHING ENGLISH IN PRESCHOOL
INSTITUTIONS IN UZBEKISTAN**

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Abstract: *This article explores innovative and developmentally appropriate methods for teaching English in preschool institutions in Uzbekistan. As the demand for English proficiency grows in the country, introducing the language at an early age becomes increasingly important. This paper presents the pedagogical rationale for early English instruction, outlines effective teaching methods tailored for young learners, and discusses challenges and recommendations specific to the Uzbek preschool context. The findings suggest that with the right strategies—such as play-based learning, storytelling, and Total Physical Response—preschool children can successfully begin learning English in an enjoyable and productive manner.*

Introduction

English has become a global language of communication, education, science, and business. As Uzbekistan continues to integrate with the global community, the importance of English proficiency has grown. The earlier children are exposed to the language, the more natural their learning process becomes. Preschools offer an ideal environment for introducing basic English skills through interactive and child-friendly methods. This article examines why and how English should be taught in preschool institutions in Uzbekistan.

Main Part

1. The Importance of Early English Education

Research shows that early childhood is a sensitive period for language learning. Children under the age of seven are especially receptive to new languages due to their



brain plasticity. Teaching English at this stage enhances not only linguistic skills but also cognitive flexibility, memory, and problem-solving abilities.

2. Characteristics of Preschool Learners

Preschoolers learn best through sensory experiences, movement, play, and imitation. Their attention spans are short, so lessons must be dynamic, fun, and based on real-world experiences. Emotional safety and encouragement are crucial to maintaining their interest and motivation.

3. Effective Methods for Teaching English

a. Play-Based Learning

Using games such as puzzles, role-play, and educational toys allows children to absorb English vocabulary naturally. For instance, using a toy kitchen can help teach words like 'apple', 'cup', or 'spoon'.

b. Storytelling and Picture Books

Short stories with pictures introduce children to sentence structures, basic grammar, and new vocabulary. Teachers can ask questions during storytelling to improve comprehension.

c. Songs, Chants, and Rhymes

Repetition through music helps in memorizing words and sentence patterns. Songs like 'Head, Shoulders, Knees and Toes' combine movement with learning body parts.

d. Visual Aids and Realia

Flashcards, posters, and real objects like fruits or toys help children associate English words with physical items.

e. Total Physical Response (TPR)

This method links language with movement. Commands like 'stand up', 'touch your nose', and 'jump' keep children active and reinforce understanding through action.

f. Routine-Based Learning

Introducing English into daily routines (e.g., greetings, weather talk, clean-up time) helps children recognize the practical use of language.



4. Challenges in Uzbekistan

- Shortage of qualified preschool English teachers
- Limited teaching resources
- Parental hesitation

5. Solutions and Recommendations

- Teacher Training: Organize workshops and courses for preschool educators on English teaching techniques.
- Development of Teaching Materials: Create Uzbek-friendly English textbooks and audio-visual tools for preschool learners.
- Parental Involvement: Educate parents on the cognitive and educational benefits of early English learning.

Conclusion

Teaching English in preschool institutions in Uzbekistan is not only feasible but highly beneficial. Children can learn basic English effectively when teaching methods match their developmental needs. With government support, teacher training, and the integration of engaging methods like songs, stories, and games, preschoolers can develop a strong foundation for future English learning. Investing in early language education today will help prepare the future generations of Uzbekistan for global opportunities.

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