

TEACHING ENGLISH PRONUNCIATION TO UZBEK SPEAKERS: CHALLENGES AND SOLUTIONS

3rd year student, NUUz
Faculty of Foreign Philology
Department of Practical English and Literature
Scientific adviser: Sohibov Sardor

Student: Narmanova Sayyora

Sayyoranarmanova@gmail.com

Abstract: Pronunciation is an essential component of language learning, especially for effective oral communication. Uzbek learners of English often face specific challenges in mastering English pronunciation due to significant differences between the phonological systems of the two languages. These include difficulties with vowel length, unfamiliar consonant sounds, word stress, and intonation patterns. This paper examines the main pronunciation problems encountered by Uzbek learners and proposes practical solutions for English teachers in Uzbekistan. Emphasis is placed on phonetic training, use of visual and audio aids, and incorporating pronunciation into everyday classroom practice.

Keywords: English pronunciation, Uzbek learners, phonological interference, stress and intonation, teaching strategies

Annotatsiya: Talaffuz til oʻrganishning muhim tarkibiy qismi boʻlib, ayniqsa ogʻzaki muloqotda samarali aloqa uchun zarur hisoblanadi. Ingliz tilini oʻrganayotgan oʻzbek oʻquvchilari koʻpincha ingliz va oʻzbek tillarining fonologik tizimidagi farqlar sababli muayyan qiyinchiliklarga duch keladilar. Bular orasida unli tovushlar uzunligining farqlanishi, oʻzbek tilida mavjud boʻlmagan undosh tovushlar, urgʻu va intonatsiya muammolari mavjud. Ushbu maqolada oʻzbek oʻquvchilari duch keladigan asosiy talaffuz muammolari tahlil qilinadi va Oʻzbekistondagi ingliz tili oʻqituvchilari uchun samarali yechimlar taklif etiladi. E'tibor fonetik mashqlar, vizual va audio vositalardan foydalanish hamda talaffuzni kundalik dars jarayoniga kiritishga qaratilgan.



Introduction

Correct pronunciation plays a crucial role in effective communication and overall language proficiency. Even when grammar and vocabulary are accurate, poor pronunciation can lead to misunderstandings and communication breakdowns. As English becomes increasingly important in global education, business, and technology, the ability to speak it clearly and intelligibly has become a vital skill for non-native speakers.

In Uzbekistan, the demand for English language instruction has grown rapidly in recent years, driven by government initiatives, international collaboration, and academic needs. However, Uzbek learners face specific pronunciation challenges rooted in the differences between the phonological systems of English and Uzbek. These challenges include difficulties with vowel length distinctions, unfamiliar consonant sounds (*such as* $/\theta$ /, $/\delta$ /, and /w/), stress and intonation patterns, and syllable timing differences.

The Uzbek language is syllable-timed, whereas English is stress-timed. This contrast affects the rhythm and flow of spoken English among Uzbek speakers. Additionally, Uzbek lacks certain phonemes found in English, which leads to substitution with similar native sounds and contributes to a noticeable accent. For example, the English /w/ is often pronounced as /v/, and the interdental fricatives / θ / and / δ / are typically replaced with /s/, /z/, or /t/, /d/.

Given these challenges, English teachers working with Uzbek learners must adopt specialized strategies to help students acquire more accurate pronunciation. This paper aims to:

- 1. Identify the most common pronunciation issues faced by Uzbek learners of English,
 - 2. Analyze the phonological reasons behind these difficulties, and
 - 3. Offer practical, classroom-based solutions for overcoming them.

By addressing these aspects, the study contributes to improving the quality of English language instruction in Uzbekistan and enhancing learners' spoken communication skills.

Phonological Differences Between English and Uzbek. Understanding the phonological differences between English and Uzbek is essential for identifying the roots of pronunciation challenges faced by Uzbek learners. Both languages have distinct sound systems, and these contrasts often result in phonological interference when speaking English.

1. Vowel System. English has a rich vowel inventory, including both short and long vowels (e.g., /1/ vs /i:/, / α / vs /a:/) as well as diphthongs (e.g., /a1/, /e1/, / α 0/). Uzbek, by contrast, has a smaller set of vowel phonemes and does not distinguish between vowel length or diphthongs in the same way.

Example: Uzbek learners may pronounce both "ship" and "sheep" similarly because they do not distinguish between /1/ and /i:/.

2. Consonant Inventory. Several English consonants do not exist in Uzbek, leading learners to substitute unfamiliar sounds with the closest equivalent in their native language.

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/\theta/ \rightarrow /s/ \ or /t/ \ ("think" \rightarrow "sink" \ or "tink")
/\delta/ \rightarrow /z/ \ or /d/ \ ("this" \rightarrow "zis" \ or "dis")
/w/ \rightarrow /v/ \ ("west" \rightarrow "vest")
/\eta/ \rightarrow /n/ \ ("sing" \rightarrow "sin")
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Some sounds, such as /h/, although present in Uzbek, may be dropped or weakened in certain environments due to native speech habits.

3. Syllable Structure and Word Endings .Uzbek generally avoids complex consonant clusters and prefers open syllables (ending in vowels). English, on the other hand, frequently uses consonant clusters, especially at the ends of words.

Example: A word like "asked" /a:skt/ may be pronounced as /ask/ or /ast/ by Uzbek learners, dropping final consonants.

4. Stress and Intonation. Uzbek is a syllable-timed language, meaning each syllable is given roughly equal time. English is a stress-timed language, where stressed syllables occur at regular intervals and unstressed syllables are shortened.

This can result in Uzbek learners speaking English with a flat or monotonous rhythm, lacking the natural rise and fall of native English intonation.



5. Phonotactics and Linking. Uzbek words tend to be pronounced separately, with clear boundaries, whereas English uses linking and connected speech, blending words together in natural flow. This can make Uzbek-accented English sound more fragmented.

Solutions and Teaching Strategies . To help Uzbek learners improve their English pronunciation, teachers must implement targeted and practical strategies. These strategies should address the specific difficulties discussed earlier and promote active phonological awareness. Below are some effective solutions:

1. Explicit Phonetic Training .Teachers should introduce English sounds systematically, especially those that do not exist in Uzbek.

Use the IPA (International Phonetic Alphabet) to teach how sounds are produced.

Demonstrate tongue and lip placement for difficult sounds like $/\theta/$, $/\delta/$, and /w/.

Use minimal pairs (e.g., ship vs. sheep, bat vs. bad) to highlight contrasts.

2. Listening and Imitation Exercises . Exposure to authentic pronunciation helps students internalize correct sounds and rhythm.

Play short audio clips or dialogues spoken by native speakers.

Ask students to repeat and shadow the speech (repeat immediately after hearing).

Use tools like YouGlish, BBC Learning English, or Elllo.org for pronunciation practice.

3. Pronunciation Drills and Tongue Twisters . Regular pronunciation drills improve accuracy and fluency.

Focus on sounds that are commonly substituted or mispronounced.

Practice tongue twisters to develop agility with English sound patterns (e.g., "Thirty-three thieves thought they thrilled the throne throughout Thursday").

4. Stress and Intonation Practice . Help students develop natural rhythm and intonation through:

Marking stressed syllables in new vocabulary.



Practicing sentence stress and contrastive stress (e.g., "I didn't say she stole it").

Using intonation maps or visual diagrams to model pitch changes.

5. Connected Speech and Linking. Teach students how native speakers connect words in natural speech.

Practice linking consonants and vowels between words (e.g., go on \rightarrow /gəv wpn/)

Work on elision and assimilation (e.g., next day \rightarrow /nekst dei/ \rightarrow /neksf dei/)

6. Use of Technology and Mobile Apps . Incorporate pronunciation-focused apps and software in and outside the classroom.

Apps like: Elsa Speak, Sounds: The Pronunciation App, Speechling, and FluentU

Use video recording tasks where students record themselves and self-correct.

7. Peer and Self-Evaluation . Encourage students to listen to themselves and each other.

Record and playback students' speech for analysis.

Use rubrics to evaluate aspects like clarity, stress, and rhythm.

8. Integrate Pronunciation into Daily Lessons

Rather than isolating pronunciation, weave it into vocabulary and grammar lessons.

Teach pronunciation with new words (e.g., syllable stress, vowel sounds).

Include short pronunciation warm-ups at the beginning of lessons.

Conclusion

Pronunciation is a vital yet often overlooked aspect of English language learning in Uzbekistan. Due to significant phonological differences between English and Uzbek, learners commonly struggle with producing and perceiving certain sounds, stress patterns, and intonation. These challenges can hinder effective communication and reduce learners' confidence in speaking English.

This paper has identified the key pronunciation difficulties faced by Uzbek speakers, such as the substitution of unfamiliar consonants, confusion with vowel



length, devoicing of final consonants, and issues with stress and rhythm. It has also proposed practical and classroom-friendly strategies that teachers can implement to address these issues, including explicit phonetic instruction, listening and imitation activities, stress and intonation training, and the use of technology.

Improving pronunciation should not be treated as an optional or occasional activity but rather as an integral part of every language lesson. With consistent and focused practice, Uzbek learners can significantly enhance their spoken English clarity, which in turn supports their academic, professional, and social goals.

Future research may explore the long-term impact of pronunciation training on fluency and intelligibility among Uzbek EFL learners, as well as the development of tailored materials specifically designed for Uzbek speakers.

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