



EASY AND EFFECTIVE WAYS TO LEARN A FOREIGN LANGUAGE

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Annotation: *This article teaches ways to learn a foreign language quickly and effectively. Especially, learning English often requires a lot of our time. I believe this article will help us manage our time correctly and learn quickly and easily.*

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It is impossible to imagine today's life without foreign languages. As the process of globalization accelerates, learning foreign languages is becoming a necessity of the times. Today, knowing English has become a basic requirement to become a good specialist in any field. If we learn English, we will gain many opportunities.

For this, a person must first have a strong desire. Always ask yourself, "Why do I need to learn this language?" and, in any difficult situation or moment of doubt, remember your purpose for learning the language. Most importantly, you must realize that everything in learning a language is not as difficult as it seems, and you are not inferior to others in your ability to learn. Only after boosting your self-confidence can you begin learning the language.

Daily Practice



Today, many language courses offer classes once or twice a week for two hours, but this does not yield good results for us. This is because on other days, we are busy with daily tasks. Usually, before the next class, we forget the topics covered in the previous lesson, which significantly slows down the learning process. When learning any foreign language, it is necessary to study and revise it every day. Only then will the learning process accelerate significantly.

First and foremost, we need to take responsibility for ourselves. For example, "No matter what the circumstances, I will dedicate two hours every day to learning English!" By doing so, our retention rate will increase sharply. Many people say they need to follow this method but fail to apply it in practice. We need to adapt ourselves to daily practice. Only then can we achieve the desired results.

Types of Skills

Linguists have divided learning English into four major areas:

- Reading(O'qish): The ability to read and comprehend texts in a foreign language.
- Listening(Eshitish): The ability to listen to and understand a foreign language.
- Writing(Yozish): The ability to write in a foreign language.
- Speaking(Gapirish): The ability to express ideas and thoughts in a foreign language.

To achieve this, it is important to master three key aspects: grammar, vocabulary, and pronunciation.

1. Learning Grammar

Learning grammar will not be easy for us, of course. Whether we like it or not, grammar is the most challenging part of learning a language. We often observe that many people start memorizing rules when studying grammar. However, memorizing rules does not mean you have learned grammar. Unfortunately, many people fall into this category. They memorize the rules of grammar and phonetics of a foreign language but cannot construct a complex, error-free sentence in the language. Get rid of the idea of memorizing rules altogether. Do not try to memorize



all the rules; focus only on the most commonly used ones. Even if you memorize all the rules, you will only use about 30% of them. The rest will remain unused, leading to boredom and confusion. Repeat what you have learned daily, and start forming simple sentences, gradually moving to more complex ones. A simple sentence typically consists of a subject, a predicate, and an object.

2. Learning Vocabulary

When it comes to vocabulary, dedicating years to rote learning of words is not an effective method. I used to memorize 10 words a day, but the problem was that I could hardly use them in conversations in English. Most of these words remained unused, yielding no results.

There are concepts like "active vocabulary" and "passive vocabulary." In short, words in your active vocabulary are those you can use effortlessly in various situations. However, words in your passive vocabulary are ones you recognize when you see or hear them but can recall only with some kind of trigger. Passive vocabulary words are risky because they are at high risk of being completely forgotten.

To prevent this, focus on maintaining words in your active vocabulary and transferring passive vocabulary into the active category. Watching English movies can help significantly with this. Translate all unfamiliar words from the movies or video clips you watch and pay close attention to their pronunciation. This way, both your vocabulary and pronunciation will improve over time.

3. Pronunciation

Every language has its own unique pronunciation. Nowadays, with the advancement of technology, we all have access to various mass media. Listening to English movies and songs can significantly improve our pronunciation. Another effective method is to use songs for more than just listening. Find the lyrics of your favorite song in English, translate them into your native language with the help of a dictionary, or work with English texts. Highlight unfamiliar words and translate them. Then, close the text and try translating those unfamiliar words into your native language without looking at the translation. This way, you will remember them and learn when to use them.



Another helpful method is listening to and speaking with native speakers, meaning people whose first language is English. Today, we all have the opportunity to connect online. By using this chance, we can freely communicate with native speakers, enhance our pronunciation, and exchange various information.

To learn English quickly and effectively, I would like to share some additional tips.

1. Set Clear Goals

If you want to succeed in learning a language or any other task, having a clear goal is essential. Think about why you want to learn English. Nowadays, many people start learning a language without genuine interest, influenced by the opinions of family members or others. First and foremost, you need to have an interest and a goal. For example, you might set goals like: "I will be the first to win a scholarship to the World Languages University," "I will get into Westminster University on a scholarship," "I will study abroad and work in high-ranking positions," or "I will establish new companies in collaboration with foreign partners." Remember, the more serious your goal, the faster and more effectively you will learn the language.

2. Repetition Forms the Foundation

Learning a language is impossible without constant repetition. You may memorize 15 new words a day, but if you don't review them after 2-3 days, it's natural to forget them. To prevent this, you can make effective use of areas you see most often. Personally, I stick small pieces of paper or various stickers with new words I've learned on my room door or study desk.

3. Practice Communication

Language is a means of communication. We all know that communication plays a crucial role in language learning. Attend speaking clubs at learning centers or resource hubs. Even if you can't speak fluently yet, never be shy to talk. Those who try to participate in conversations, even if they make mistakes, succeed more than those who avoid speaking out of shyness. In general, never be embarrassed to speak; even if you make mistakes, keep practicing.



Alternatively, find a partner to practice with regularly. This method is also beneficial because it creates a sense of competition between partners. For example, you'll strive to keep up with your partner, which will motivate you to learn more.

4. Adapt the Language Learning Process to Your Daily Life

Incorporate language learning into your daily routine. For instance, if you commute to school or university by bus and spend 30-35 minutes traveling, make productive use of this time. You can listen to exercises or audios to improve your listening comprehension.

5. Use Your Smartphone Effectively

To learn a language faster, you need to use simple and effective methods, and your smartphone can help with this. You can download free English learning apps and use them instead of attending paid courses. Additionally, you can watch various English movies with subtitles using your smartphone.

Learning English is not easy. It requires setting clear goals, consistently reviewing new words, practicing communication without fear, adapting the learning process to your daily life, and using technology effectively.

Conclusion:

In this article, I aimed to share quick and effective methods for those struggling to learn English. I hope this article will be useful for learners facing difficulties in learning English.

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