

THE ROLE OF BODY LANGUAGE IN TEACHING ENGLISH

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Annotation: This article considers the importance of using body language in teaching English and also its frequently usage of improving the teaching effect and the student ability.

Key words: body language, kinesthetic, basic skills, facial expression, interpersonal relation.

Аннотация: В статье рассматриваются вопросы невербальных средств общения, которые точно заменяют слова, а также важность употребления невербальных средств общения в обучении английского языка и его частого использования для улучшения преподавательской деятельности и навыков студентов.

Ключевые слова: невербальные средства общения, кинетическая речь, базовые умения и навыки, выражение лица, взаимоотношения людей.

It is highly essential to know the language for communication. As everyone knows the most popular language is English. In this computer age, English is the only language that any one can understand and it has become as an ideal language for expressing our feelings. First, we have to learn the language and then we have to gain fluency in the language. Language learning helps students and pupils develop a sense of cultural pluralism. Through the study of another language students interact with others and discover various cultures and also it increases travel opportunities and chances of meeting people from other lands.

The classroom teaching is one of the most important ways that the pupils learn English. There are many ways to arouse the pupils' interest and help them to learn better, body language used in English teaching is one of them. Philosophers and scientists have connected human physical behavior with meaning, mood and personality for thousands of years, but only in living memory has the study of body language become as sophisticated and detailed as it is today.

"Body language is the unconscious and conscious transmission and interpretation of feelings, attitudes, and moods, through: body posture, movement, physical state, position and relationship to other bodies, objects and surroundings,

facial expression and eye movement." Being able to 'read' body language therefore helps us greatly: to know how people feel and what they mean, and to understand better how people might perceive our own non-verbal signals, and to

understand ourselves better, deeper than the words we hear ourselves saying.

An important aspect of body language is facial expression, which is arguably one part of body language. Body language is among many branches of science and education which seek to interpret and exploit messages and meaning from the 'touchy-feely' side of life. For example, the concepts of experiential learning, games and exercises, and love and spirituality at work - are all different perspectives and attempts to unlock and develop people's potential using ideas centered on kinesthetic, as distinct from the more tangible and easily measurable areas of facts, figures words and logic.

English teaching is a key part of the school education. With the English teaching methods reform more and more English teachers organize the teaching process in English so that they may realize the communicated English. The communicated English means that teachers instruct the pupils and explain questions basically in English, and the pupils are also required to use English in class, however, the pupils in the middle school can't speak very well; neither can they understand why they should use different time or situation; their expressive ability are limited too. These limitations made it difficult to realize the communicated English in the classes. According to the pupils' present level and practical situation, body language is required. For example, when a teacher gives an instruction; "you two, please come to the blackboard." The pupils can easily understand it if the teacher looks at (or point to) some two pupils. Then, the teacher points to the blackboard. Then pupils will carry out the order without obstacle even if they don't hear the key words "blackboard" clearly. Furthermore, teachers usually have to explain some language points, and at this time, they have to differentiate the classroom expressions and the examples. Take it for example, we ought to use the form "have done" such as "Have you finished that job yet?" "To make the pupils understand clearly, a teacher has lots of way. To do it by speed, he uses a common speed when reading "we ought to use the form "Have done" ", and reads slowly when giving example; he can also get the effect by repeating. The example "have you finished that job yet"; a more frequent way is to use gestures to lay emphasis on the key point when he said "have done", he reaches out his index finger, pauses in the air, and then gives out the example. This action will usually give the pupils a deep impression.

In conclusion, the use of body language in English teaching is necessary and practical. In the English teaching in the middle schools, body language is frequently used to improve the teaching effect and the student ability. Body language is a part of nonverbal language. It includes things like pose, gestures, facial expressions, and even small things that are barely perceptible like a brief shrug of the shoulder or nod of the head. Body language is one of the basic skills that all learners need. Knowing how to read body language is a useful communication skill. If the learners develop a wonderful body language, which will possibly lead them to form optimistic and active feelings;

they will surely have a smoother interpersonal relation.

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