

# UNLOCKING LANGUAGE LEARNING THROUGH TASK-BASED LANGUAGE TEACHING (TBLT): INSIGHTS FROM CLASSROOMS AND RESEARCH

## Saparbayeva Ziyoda Rustamboy qizi,

Student of Uzbekistan State World Languages University

Keywords:

Task-Based Learning, Language Teaching Methods, Communicative Approach, Language Acquisition, ESL, Student Engagement, Speaking and Writing, Learner Motivation

Annotation:

Task-Based Language Teaching (TBLT) is presented in this article as a learnercentered approach that promotes natural language use through real-world tasks. Drawing on practical classroom experiences across three schools and supported by recent studies, the article demonstrates how TBLT enhances speaking and writing proficiency, increases student motivation, and fosters meaningful engagement. Implementation tips for educators are also provided, highlighting how tasks can be adapted to suit different levels and contexts.

Introduction:

Learning a new language is often associated with memorizing vocabulary lists or grammar exercises. However, many learners find such traditional approaches unmotivating and disconnected from real communication. To address this, a method known as Task-Based Language Teaching (TBLT) has gained popularity. In this approach, language is acquired by completing meaningful, real-life tasks that require the use of language as a communicative tool. Instead of focusing solely on grammar

Выпуск журнала №-70 Часть–2\_ Мая –2025



rules, TBLT encourages learners to solve problems, create content, or interact in scenarios that mirror daily life. Over time, this method has been associated with improvements in fluency, writing ability, and classroom engagement.

Methods:

To explore the effectiveness of TBLT, classroom observations were conducted at three different schools over the course of one academic year. Each school implemented task-based activities tailored to students' English proficiency levels. Role-plays, collaborative projects, and storytelling were among the tasks used.

In parallel, peer-reviewed studies were reviewed to compare findings with broader academic trends. These included works by Khan et al. (2021), Gonzalez (2019), and others. Both qualitative classroom insights and published data were examined to present a well-rounded perspective.

**Results:** 

Improvement in Speaking Skills

Increased fluency and confidence in speaking were observed among learners involved in task-based activities. In one school, students participated in simulated market transactions and group discussions. These tasks prompted spontaneous communication and vocabulary expansion. Similar findings were reported by Khan, Wong, and Chen (2021), who noted that speaking accuracy and confidence were enhanced when students used English to complete structured tasks.

Enhanced Writing Proficiency

Students who were asked to create written tasks such as blog entries, brochures, or formal letters produced more coherent and creative writing over time. These tasks offered a clear purpose, which encouraged more thoughtful composition. According to Gonzalez (2019), TBLT supports the development of writing through authentic task

Выпуск журнала №-70 Часть-2\_ Мая -2025



engagement, allowing learners to practice language in context and gain control over grammar and structure.

### Increased Motivation and Engagement

Across all schools, higher motivation levels and increased class participation were observed. Learners showed enthusiasm when tasks were meaningful and interactive. Albino (2017) also reported similar trends, indicating that TBLT helps students feel more involved, particularly when tasks allow freedom of expression and collaboration.

#### Discussion:

The effectiveness of TBLT has been attributed to its emphasis on real-world use of language. By completing tasks with a communicative goal, learners naturally develop speaking and writing skills. Furthermore, learner anxiety is often reduced when shifted the focus is from correctness to communication. However, for optimal results, tasks must be carefully selected to match learners' proficiency. Scaffolding and clear instructions are essential, especially for lower-level students. Also, the classroom environment must support interaction and risktaking. The research reviewed and the classroom observations both suggest that the impact of TBLT goes beyond academic performance. It builds learner autonomy, confidence, and a genuine interest in language use.

#### Conclusion:

Task-Based Language Teaching has proven to be an effective and engaging method for language instruction. It not only promotes fluency and accuracy but also creates a dynamic learning environment. When tasks are well-designed and relevant, learners respond with enthusiasm and increased confidence. Educators are encouraged to adopt TBLT elements in their classrooms. Even small shifts—such as turning a grammar lesson into a mini-project—can foster more meaningful interaction. As research and practice both show, using language for real purposes can significantly accelerate the learning process.

Выпуск журнала №-70 Часть–2\_ Мая –2025





## References:

Khan, A., Wong, S., & Chen, M. (2021). The Role of Task-Based Language Teaching in Enhancing Students' Speaking Skills in ESL. RSeltl Journal.

https://rseltl.pierreonline.uk/index.php/J/article/view/7

Gonzalez, L. (2019). The Impact of Task-Based Language Teaching on Learners' Writing Skills. Indonesian EFL Journal.

https://journal.uniku.ac.id/index.php/IEFLJ/article/view/1820

Albino, G. (2017). Improving Speaking Fluency in a Task-Based Language Teaching Approach. SAGE Open.





Выпуск журнала №-70 Часть-2\_ Мая -2025