

## LANGUAGE LEARNING THROUGH THE INTERNET AND TECHNOLOGY

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**Abstract:**This article explores the significance of technology and the internet while learning foreign languages. Drawing on research many youngsters nowadays use modern tools to learn something new ,expecially learning a language. There are many online platforms where learners can acceess an unlimited number of resources such as videos ,podcast, e'book and language apps .The internet and technology are made language learning more flexible,efficient,and accessible to everyone,no matter where they live .

**Keywords:** Education, foreign language, cognitive development, bilingualism, technology, internet sources .online platforms, deep focusing, shortening eyesight.

Introduction. In an increasingly interconnected world, the ability to communicate in multiple languages has become a vital skill. Learning a language has many beneficial sides for everyone . It helps people to communicate with others from different countries and cultures, which can lead better job opportunities, strong relationships, and great understanding of nations. There are numerous ways of learning languages . For example going to the education clubs , using modern gadgets like mobile phone, computers , and internet sources . These all make learning much more easier and interesting for every learners . This article examines the role of the technology though the learning a language, focusing on benefits and drawbacks of modern tools for education .

1 Benefits of technology in language learning.

Technology plays a crucial role for learning a language because of many reasons. For example ,with the help of smartphone,laptop or computer learning a language is more accessible and interesting. Learners can learn new vocabulary, find different











information or watch video lesson on this technology. In addition to this , when learners work with modern technology there is no need for finding a partner to study with them . Because technology can replace them with online quizzes ,language games and video lessons. Technology in education enhances learning opportunities for students, improves engagement, and facilitates efficient teaching and classroom management but only when it is properly implemented.

## 2. Popular tools and platforms

There are plenty of online sources, usefull apps and qualified video lesson for learning languages. For instance Duolingo or Hello talk are specialized for improving speaking lessons. They offer various materials and games for learners with great joy. When it comes to platforms YouTube tube or Google also give plenty of data and facts for everything. They offer different content from beginner to advanced level. Gamma or Grammar plus apps give students grammar lesson and examine them with different tasks. Language learning is also becoming more personalized with artificial intelligence. It gives users great support and motivates them keep going after every lesson and gives full information. This makes learning efficient and enjoyable.

## 3. Challenges and drawbacks of technology .

Despite of many advantages of technology it also has some negative effect for learners. One major issue is impact of eye sight. Excessive use of digital devices such as smartphones, tablets, and computers can negatively impact eye health. One common problem is digital eye strain, also known as computer vision syndrome. This condition causes symptoms like dry eyes, blurred vision, headaches, and difficulty for focusing . Moreover ,distraction also one of the main negative effect for learners. Technology encourages multitasking that can seem interesting. However it can cause reduction of deep focus. When learners switch between tasks like checking messages, watching videos, and reading study materials, they are less likely to retain information. Research shows that constant interruptions can harm memory and slow down the learning process.









**Discussion.** The findings presented in this article highlight both positive and negative effects of using digital devices while learning languages. By the help of the technology education system can be really entertaining, easy to understand and sufficient. These sources don't require time or specific place for learning. People just can learn it through the way going somewhere and doing something. On the other hand it also involves several problems by impacting on health as well as deep focusing. Even if technology can support education, it often distracts learners and weakens their ability to concentrate. To benefit fully from digital tools, students must learn to use them responsibly and minimize unnecessary distractions during study time.

Conclusion. Technologies plays a powerful role in modern education, offering many opportunities to make learning more effective and engaging. Students can explore a vast amount of knowledge through the internet, educational websites, and online libraries. This allows them to do in-depth research, improve their understanding of subjects, and stay updated with the latest developments. In addition, technology offers interactive learning experiences. Educational apps, games, and simulations make learning more interesting and enjoyable. For example, virtual reality can help students visualize complex topics such as human anatomy or historical events.

However, it also comes with certain risks and challenges . Students may be tempted to use their devices for non-educational purposes, such as browsing social media or playing games during study time. This can negatively affect concentration and academic performance. Moreover, technology can reduce face-to-face interaction. Spending too much time in front of a screen may lead to weaker communication and teamwork skills in real-life situations. To make the most of technology in learning, students and teachers must use it wisely and maintain a healthy balance between digital tools and traditional methods

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