

## THE IMPORTANCE OF TARGET WHEN YOU ARE LEARNING ENGLISH

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**Annotatsiya:** Ushbu maqolada ingliz tilini o'rganishning bugungi global dunyoda qanday ahamiyatga ega ekanligi va tilni o'rganishdagi to'g'ri maqsadlarni belgilash zarurati haqida so'z yuritiladi. Muallif ingliz tilini faqat sertifikat olish yoki tashqi muvaffaqiyatlarga erishish uchun o'rganayotgan o'quvchilarning qisqa muddatda o'rganib, tezda unutilishiga olib keladigan yondashuvlardan ogohlantiradi. Shuningdek, til bilishning shaxsiy rivojlanish va global madaniyatlarni anglashdagi ahamiyati, uni o'rganishdagi eng samarali yondashuvlar muhokama qilinadi.

**Аннотация:** В этой статье обсуждается важность изучения английского языка в современном глобальном мире и необходимость постановки правильных целей в процессе обучения. Автор предупреждает о том, что изучение языка только ради получения сертификатов или достижения внешних успехов может привести к быстрому забыванию изученного из-за краткосрочного подхода. Рассматривается значение владения языком для личностного роста и понимания мировой культуры, а также эффективные методы и подходы к изучению языка.

**Annotation:** This article discusses the importance of learning English in today's global world and the necessity of setting the right goals during the learning process. The author warns that focusing solely on certification or external achievements can lead to quick forgetting of the language due to a short-term approach. The article highlights the importance of mastering the language for personal

development and cultural understanding, and explores the most effective methods and approaches to language learning.

**Kalit soʻzlar:** Ingliz tili, tilni oʻrganish, maqsadlar, shaxsiy rivojlanish, global dunyo, sertifikat, tashqi muvaffaqiyat, oʻrganish jarayoni, motivatsiya, yondashuvlar, til bilimlari, oʻrgatish metodlari.

**Ключевые слова:** Английский язык, Изучение языка, Цели, Личностное развитие, Глобальный мир, Сертификат, Внешний успех, Процесс обучения, Мотивация, Подходы, Языковые знания, Методы обучения.

**Key words:** English language, language learning, goals, personal development, global world, certification, external achievements, learning process, motivation, approaches, language skills, teaching methods

### **Introduction:** The Growing Importance of English in the Global Era

In today's interconnected world, English has become more than just a language—it's a key to global communication<sup>1</sup>, professional advancement, and educational opportunities. English proficiency is increasingly in demand across various sectors, from international business and academia to social engagement. For example, obtaining an international certification like IELTS with a high proficiency level (C1 or above) is now a standard requirement for higher education and career opportunities in many countries. Furthermore, active participation in global events, scientific research, and even social movements often requires a strong command of English.

This widespread demand for English fluency reflects its role as a bridge language in a multicultural world. It enables individuals to connect across borders, facilitating cross-cultural exchanges, and fostering international cooperation. For many, mastering English opens the door to a wealth of opportunities, but this journey can be daunting without the right approach and resources.

***The Role of English in Professional and Academic Success.*** English is now a fundamental tool in various professional domains. Whether you're aiming for a leadership role in a multinational corporation or pursuing a PhD in a specialized field,

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<sup>1</sup> Crystal, David. *English as a Global Language*. 2nd ed., Cambridge University Press, 2003

English is often a critical prerequisite. In academia, most research publications are written in English, and universities around the world require students to demonstrate proficiency in the language. English not only unlocks access to a broader academic community but also improves one's ability to participate in global conferences, publish research, and collaborate internationally.

In addition to academic achievements, proficiency in English is essential in today's job market. From participating in international conferences to effectively communicating with global clients or partners, English serves as the primary means of interaction in many sectors. Moreover, for those aiming to work or study abroad, a strong command of English is often a deciding factor in admissions and employment processes.

***Opportunities to Learn English: Resources and Support.*** Fortunately, the path to learning English has become more accessible than ever. With technological advancements, learners can now find abundant resources both online and offline. There are online courses, language learning platforms, apps, and social media groups designed to support learners at all levels. Additionally, many universities and organizations offer English language programs, and even foreign language experts come to offer guidance and mentorship to students, especially in non-English-speaking countries.

Furthermore, many countries now offer specialized programs to help young people and adults gain English proficiency, often with the assistance of native speakers and professional instructors. These initiatives ensure that language learning is not only accessible but also tailored to meet the unique needs of individuals in different contexts.

***Challenges in Learning English and the Need for a Structured Approach.*** While the availability of resources makes learning English more convenient, the process still presents challenges. One common obstacle many learners face is the overwhelming abundance of material available. With so many textbooks, apps, and online resources, it can be difficult to know where to start and which tools will yield the fastest results.

This is why it's crucial to set clear, actionable targets and follow a structured learning plan.

Learning English can take time, and the temptation to rush can lead to frustration. Without a clear focus, progress may seem slow, which can demotivate learners. To achieve substantial results, learners need a well-organized approach—starting with manageable short-term goals (like mastering a set number of vocabulary words per week) and progressing toward long-term objectives (like achieving fluency for professional purposes).

***The Essence of Setting Targets in English Learning.*** One of the most effective ways to overcome these challenges is by setting specific learning goals. These targets not only provide motivation but also help learners track their progress, ensuring they stay on course. It's essential to balance short-term and long-term objectives, focusing on immediate tasks that contribute to the overall goal. Setting targets can guide learners through the stages of language acquisition, such as mastering grammar, improving pronunciation, building vocabulary, and enhancing fluency in conversation<sup>2</sup>

Without clear targets, learners may feel lost or uncertain about how to proceed. By establishing achievable goals, learners can build a sense of accomplishment as they reach milestones, keeping them motivated to continue their studies.

Overcoming Obstacles and Approaching English Learning with the Right Mindset.

While learning English may seem challenging at times, it's essential to understand that persistence and the right mindset are key. Language learning is a gradual process, and setbacks are part of the journey. The key to success lies in staying consistent, adapting to changes, and celebrating small achievements along the way.

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<sup>2</sup> Swales, John, and Christine Feak. *Academic Writing for Graduate Students: Essential Tasks and Skills*. 3rd ed., University of Michigan Press, 2012.



Additionally, embracing a positive mindset is crucial for overcoming frustrations. Instead of viewing mistakes as failures, learners should see them as opportunities for growth. It's important to understand that even advanced learners make mistakes; what matters is the ability to learn from them and improve over time.

***Continuous Progress and the Future of English Learning.*** English learning offers vast opportunities, but its challenges cannot be underestimated. By setting clear, realistic goals, using available resources effectively, and maintaining a positive, persistent attitude, learners can unlock their full potential. As English continues to dominate in both professional and academic fields, those who master it will undoubtedly have an advantage in an increasingly globalized world<sup>3</sup>.

In the ever-changing landscape of education and career development, English proficiency remains a valuable asset. Therefore, setting and achieving well-defined language learning targets is the key to success in both personal and professional life.

At the same time, it's important to mention that many people learning English today are doing so primarily for reasons like obtaining certificates, moving abroad, or achieving rewards and recognition. While these goals may help in their careers and potentially open up new opportunities, they often lead to superficial and short-term learning. When people focus on quickly learning just for the sake of certification or external rewards, they may forget what they've learned just as quickly. This approach tends to hinder the development of deeper, more sustainable language skills. In such cases, the process becomes more about checking off a box, rather than truly mastering the language.

Additionally, many learners find themselves questioning the value of learning English. Thoughts like, "What do I need this for?" or "Why am I learning this?" can lead to feelings of uncertainty and a lack of motivation. When learners don't see the immediate personal benefit of mastering a language, it becomes harder for them to stay

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<sup>3</sup> Graddol, David. *The Future of English?* British Council, 2006

engaged and invested in their studies. These negative thoughts can further stall progress, especially when learning English is not seen as something inherently valuable beyond just passing a test or fulfilling a requirement.

Moreover, in today's world, the idea of learning English has become widely popular among young people. Many feel the pressure to learn it simply because others are doing the same, or because they believe they'll fall behind if they don't. This mindset of "I need to learn this language too" often leads to misaligned goals. Many young people don't take the time to think critically about why they want to learn English in the first place, and as a result, they set goals that might not truly align with their personal needs or interests. Without a clear and genuine purpose, they may struggle with learning the language over the years, and eventually forget what they've learned.

This disconnect can make the learning process frustrating, leading to a cycle where learners feel they are working hard, but still not mastering the language. The key to overcoming this challenge lies in approaching English learning with a more personalized, meaningful perspective. If learning English is seen only through the lens of career benefits or external pressures, it becomes difficult to stay motivated for the long term. The real value of learning a new language lies not just in professional advancement, but in the personal growth it enables. English is a tool that allows for deeper connections to global cultures, new ways of thinking, and an expanded world view.

When learning English is framed as a means for self-improvement and intellectual growth, the learning process becomes much more engaging and fulfilling<sup>4</sup>. It is no longer just about checking off requirements for a certificate or a job, but about broadening one's mind, gaining access to new knowledge, and participating more fully in the global conversation. English proficiency allows one to engage with scientific research, participate in international collaborations, and gain access to diverse

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<sup>4</sup> Harmer, Jeremy. *The Practice of English Language Teaching*. 5th ed., Pearson Longman, 2015.

perspectives, ultimately enriching personal development and fostering lifelong learning.

In this sense, learning English should be seen as a pathway to unlocking new possibilities in life—not just a stepping stone to professional achievements or a way to satisfy external expectations. When the focus shifts from superficial goals to deeper, more meaningful motivations, learners are far more likely to embrace the language and fully integrate it into their lives.

This shift in mindset also requires setting clear, realistic goals and finding purpose in the learning process. When students learn English with an eye toward how it can contribute to their intellectual growth, cultural understanding, and personal development, they are far more likely to persist through challenges and feel rewarded by the journey itself. The key to success lies not in rushing through the language to achieve external outcomes, but in truly engaging with the language in a way that supports long-term development and growth.

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