

“HOW TO IMPROVE ENGLISH VOCABULARY”

Termiz tumani politexnikumi

ingliz tili fani o'qituvchisi

Omonova Iroda Toir qizi

Abstract: *This article discusses effective ways to increase vocabulary in English. Expanding your vocabulary in the process of learning English allows you to understand the language more freely and fully. The article examines various methods for learning new words, including learning in context, daily learning, using flashcards, and watching movies and TV series. These methods are effective and interesting approaches to language learning, helping to learn the language quickly and effectively.*

Keywords: *vocabulary, vocabulary learning, language learning methodology, pronunciation, reading, communication, interactive methods, flashcards, language learning applications.*

Daily vocabulary learning. One of the most effective ways to increase your vocabulary is daily learning. By learning new words every day, your vocabulary will expand significantly over time. An effective way to memorize new words is to study them and use them in practice. To do this, it is important to use the words you are learning in different contexts and examples. For example, first of all, you should try to use the learned word in a sentence, integrating it into your speaking and writing skills.

Another effective way to learn vocabulary is to use new words in your daily life and in reading and writing exercises. This way, the learned words are better remembered and assimilated faster.

Learning from context. Learning words in context helps you understand their full meaning. You should not only study a word by its dictionary meaning, but also by its usage, situation, tone, and how it is used in a formal or informal context. For example, the English word "run" has many meanings: "to run", "to manage", "to set in motion",

and others. To learn the full meaning of words, you need to read, listen to, and use them in communication.

One of the best ways to learn from context is to read in English. Reading allows you to learn the different meanings and uses of words. For example, you can learn new words and phrases by reading books, articles, blogs, and news in English.

Repetition and Active Recall To quickly memorize words and place them in long-term memory, it is necessary to use the repetition and active recall method. The "active recall" method means restoring and working on the learned information. It is not enough to learn words just once, but to use them repeatedly and memorize them. Repetition helps to use words in different contexts, in sentences, and to practice them through written and oral exercises. With this method, words are not only memorized, but also ready to be used in real communication.

Watching movies and TV series. Watching movies and TV series is an effective and interesting way to learn English. This way, you can not only increase your vocabulary, but also improve your pronunciation and learn popular English phrases. With the help of movies and TV series, you can see how words and phrases are used in simple, natural communication. The most effective way is to watch with subtitles. This way, you will learn new words not only by listening, but also by reading. You will also get a better understanding of the pronunciation and grammatical use of words.

Using Flashcards Flashcards are one of the most effective ways to increase vocabulary. In this method, cards are prepared for each word, with the word on one side and the meaning or translation on the other. These cards help you review and remember new words. With the help of flashcards, you can repeat words frequently. For this, you can use mobile applications such as Anki and Quizlet. These applications provide a more interactive and effective approach to learning words.

Mobile apps and online resources. Today, mobile apps and online resources have become one of the most convenient and effective ways to learn a language. For example, apps such as Duolingo, Memrise, and Babbel can make the learning process more interesting and effective. These apps help users learn new words and make the

learning process interactive. Apps allow you to not only memorize words, but also learn how to use them in different situations. Using online dictionaries and grammar platforms is also very useful.

Communication and interactive exercises. The most effective way to learn a language is to use it in practice. Communicating in English, using newly learned words and phrases in practice, is very important for increasing your vocabulary. Joining a language club, doing written and oral communication exercises in English will help you remember the learned words quickly. Through communication, you can make the process of learning a language more interesting and effective. This method will help you use the words you learn in conversations with people, as well as using online communication platforms, such as Skype, Zoom, or participating in other language learning groups.

Contextual learning is a way of acquiring new vocabulary by understanding words in the context of sentences or phrases. Contextual learning focuses on how words are used in real life, rather than simply memorizing individual words and their definitions. This approach helps students understand the meaning, usage, and pronunciation of words more effectively. Learn new words in context by reading books, articles, or listening to English conversations. This helps you understand how words are used in different situations.

Group words by similarities and topics. For example, you can create categories such as "food," "animals," or "adjectives." This will help you remember the words. Categorizing can help with word search. When students come across a new word, they can associate it with a specific category, which makes it easier to remember related words and further expand their vocabulary. By categorizing words, students can better organize their vocabulary knowledge, improve memory retention, and gain a deeper understanding of word relationships. This is a useful strategy for mastering vocabulary and increasing language proficiency. Everyone has different learning styles, so it's important to find a method that works for you. I used contextual learning. I found this method to be convenient for me. I used to be unable to remember the words I had

memorized, but after studying them in context, I was able to better understand and remember the meanings of these words.

In most cases, it can be difficult for adults to start learning English from scratch. Because when learning a language, a person should feel like a student who does not yet know simple words and basic rules. However, according to statistics, people become interested in learning a language at the age of 20, 50, and even 80. Moreover, they not only begin to master the language, but also successfully learn it and achieve high levels. Therefore, age is not important, but the willingness to learn is important. Many people ask the question: "What is the best way to start learning English?" First of all, you need to choose a learning method that is convenient for you: in a group, individually with a teacher, or on your own.

Learning a language alone has another drawback - lack of control. You do not notice your mistakes and do not correct them. Therefore, we recommend that you at least at the beginning think about studying with a teacher. The teacher will give you the necessary motivation, help you choose the right direction of action. Now you know how to learn English from scratch on your own. The path is not easy, but if you have already set a goal for yourself and are ready to work, positive results will not be long in coming!

Conclusion. Effective methods for increasing vocabulary in English are an integral part of the language learning process. Regularity, contextual learning, repetition, and interactive methods are important when learning new words. With the help of these methods, you can learn the language quickly and effectively. Everyone should choose a method that suits them and continue to make the language learning process more interesting and effective.

References:

1. Anderson, J. R. (2015). *Cognitive Psychology and Its Implications*. Worth Publishers.
2. Nation, I. S. P. (2001). *Learning Vocabulary in Another Language*. Cambridge University Press.

3. Thornbury, S. (2002). *How to Teach Vocabulary*. Longman.
4. Webb, S. (2008). *The Effects of Repetition on Vocabulary Learning*. *Applied Linguistics*, 29(1), 14–30.
5. Harmer, J. (2007). *The Practice of English Language Teaching*. Longman